

Don't Forget to Register!
Deadline is Wed., Sept. 29th!!



**Albany Medical College
Division of HIV Medicine
HIV Grand Rounds Breakfast Series**

**Self-Care and
Stress Management for
Healthcare Providers**

**Friday, October 1, 2021
8:15 - 9:15 am, ET**

***Two Attendance Options:
In-Person at the Hilton Garden Inn* or
Live Webinar via Zoom***

****Socially Distanced Seating with Boxed Breakfast LIMITED to 20 People!***

Stephen Brady, PhD

Assistant Dean of the Division of
Graduate Medical Sciences
Professor of Psychiatry
Boston University School of Medicine
Boston, MA



IN-PERSON REGISTRATION

WEBINAR REGISTRATION

Location:

Hilton Garden Inn at Albany Medical Center, Sonneborn Room
62 New Scotland Avenue (Across from the Hospital)
Albany, New York 12208

Parking is available in the Hilton lot or the AMC garages. Bring your parking ticket to the registration table for validation.

Target Audience:

This program will be of interest to physicians, physician assistants, nurse practitioners, registered nurses and pharmacists. Other disciplines are welcome to attend.

Learning Objectives:

- Understand reactions to stress and anxiety experienced as members of the health care team
- Review approaches to managing burnout and compassion fatigue for providers working in settings with patients with HIV/AIDS
- Identify opportunities to build resilience and maintain a sense of wellbeing during the ongoing COVID pandemic

CME AMA PRA Category 1 Credit(s)™

Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Albany Medical College designates this Live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity

Acknowledgement:

This program is sponsored by Albany Medical College, Division of HIV Medicine under the Northeast/Caribbean AIDS Education & Training Center.

Questions? Contact John Prokop at 518-262-6864 or email prokopw@amc.edu
